



FALL PROTECTION WORK PLAN

Company Name \_\_\_\_\_
Project/Work site \_\_\_\_\_

Date \_\_\_\_\_

(If additional space is needed, use the back of this sheet)

Identify all fall hazards 10' or more above the ground or lower level (check all that apply)

- \_\_\_ open-sided walking/working surfaces (i.e. roofs, open-sided floors)
\_\_\_ open-sided ramps, runways, platforms
\_\_\_ floor openings
\_\_\_ wall openings
\_\_\_ skylight openings
\_\_\_ trenches
\_\_\_ surfaces that do not meet the definition of a walking/working surface (i.e. top plate)

\*\*Walking/working surface = any area whose dimensions are 45 inches or greater in all directions, through which workers pass or conduct work.

Methods of fall protection to be used: LSO = Low Slopes Only (low slopes = 4 x 12 or less)

- \_\_\_ Guardrail system
\_\_\_ Warning line (LSO)
\_\_\_ Warning line w/safety monitor (LSO)
\_\_\_ Catch platform
\_\_\_ Safety net
\_\_\_ Personal fall arrest system
\_\_\_ Personal fall restraint system
\_\_\_ Positioning device system
\_\_\_ Covers (floor holes & openings)
\_\_\_ Horizontal life lines
\_\_\_ Vertical life line and rope grab
\_\_\_ Appropriate anchors for system used

Other methods of fall protection selected:

- \_\_\_ Boom lift
\_\_\_ Scissor lift
\_\_\_ Scaffold w/guardrail
\_\_\_ Other: \_\_\_\_\_

Describe procedures for assembly, maintenance, inspection, disassembly of fall protection system to be used.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Describe procedures for handling, storage, and securing tools, equipment, and materials.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Describe methods of overhead protection for workers who may be in, or pass through work area.

\_\_\_\_\_  
\_\_\_\_\_

Describe methods to be implemented for prompt, safe removal of injured worker(s).

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Employees who received fall protection training on the above site-specific fall protection work plan.

Table with 2 columns: Name (print), Date. Includes 4 rows of blank lines for entry.

Name & title of person who provided training: \_\_\_\_\_